

## **Richmond Area Reassurance Programs:**

**Commonwealth Catholic Charities Call Reassurance:** Caring volunteers call seniors and persons with disabilities to chat with them and check on their well-being. Participants are called twice per week. This program serves the greater Richmond area. Contact: Diane Hargraves - [diane.hargraves@cccofva.org](mailto:diane.hargraves@cccofva.org). 804-545-5916

**Chesterfield County Telephone Reassurance Program:** Participants will receive a phone call daily or weekly from a trained volunteer. The call is placed between 10 a.m.- 12 p.m. Monday, Wednesday and Thursday, and between 12-2 p.m. on Tuesdays. This program serves residents in Chesterfield County. Contact: Debbie Preston - [prestond@chesterfield.gov](mailto:prestond@chesterfield.gov). 804-768-7878.

**Family Lifeline; Visiting Volunteers:** Trained volunteers create connections, build relationships and provide companionship through weekly social visits. This program serves older adults and persons with disabilities in the greater Richmond area. Contact: Michelle Middleton, [mmiddleton@familylifeline.org](mailto:mmiddleton@familylifeline.org). 804-249-5397.

**JFS Richmond:** Friendly Visitors make weekly social visits with older or home-bound adults. Telephone Reassurance volunteers call every weekday morning to check in, chat and make sure everything is okay. Contact: Teresa Baldwin, [vol1@jfsrichmond.org](mailto:vol1@jfsrichmond.org). 804-282-5644, ext 244

**Senior Connections' TeleBridges:** The TeleBridges program provides friendly, concerned, volunteers who will stay in touch with seniors two to five times per week. Each phone call provides reassurance- offering a listening ear and an encouraging word. This program serves the greater Richmond area. Contact: Shana Beverly - [sbeverly@youraaa.org](mailto:sbeverly@youraaa.org). 804-343-3024